CLAIMS

What is claimed is:

- 1. A method of promoting neurogenesis comprising the step of:

 administering a therapeutic amount of a nitric oxide donor compound to a patient in need of neurogenesis promotion.
- A compound for promoting neurogenesis comprising an effective
 amount of a nitric oxide donor sufficient to promote neurogenesis.
 - 3. A neurogenesis promoter comprising a nitric oxide donor in a pharmaceutically acceptable carrier.
 - 4. The neurogenesis promoter according to claim 3, wherein said nitric oxide donor augments nitric oxide in a tissue.
 - 5. The neurogenesis promoter according to claim 4, wherein said nitric oxide donor is selected from the group consisting essentially of phosphodiesterase inhibitors, L-arginine, sildenafil, and LIPITOR.
 - 6. A method of augmenting the production of neurons by administering an effective amount of a nitric oxide donor to a site in need of augmentation.
- 7. A method of increasing neurological function by administering an effective amount of a nitric oxide donor to a patient.
 - 8. A method of increasing cognitive and neurological function by administering an effective amount of a nitric oxide donor compound to a patient.

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